




# SUNRISE VIRTUAL SCHOOL


*A Legacy of Excellence*





## Brief on President's Award

This is an OPT-IN club and only the students that register for it will be included.  
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## Background

The President's Award-Kenya provides a framework (The Award) for non-formal education and learning through which young people's achievements outside of academia are recognized and celebrated. The Award guides young people aged 14-24 to use their free time productively to equip themselves with positive life skills and character development to make a difference for themselves, their



communities, country and the world. We help young people find their purpose, passion and place in the world.

The President's Award-Kenya is a **State Agency under the Ministry of Youth Affairs, Creative Economy & Sports** licensed to run the Award Programme by **the Duke of Edinburgh's International Award Foundation**, Its patron is His Excellency the President of the Republic of Kenya, and commander in chief of the Defense Forces.

The President's Award-Kenya was launched in Kenya in 1966 by the Founding Father of the Nation, Mzee Jomo Kenyatta and is a member of the Duke of Edinburgh's International Award Foundation, which oversees the Award Programme for young people in over one hundred and forty countries.

His Royal Highness, The Prince Philip Duke of Edinburgh founded the Duke of Edinburgh's Award in 1956.



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## Why The Award?

The Award equips young people with essential skills to help them navigate and be ready for the world whatever that world may look like. Non-formal education and learning plays a role in the development of skills such as resilience, confidence and communication.

The Award focuses on allowing young people to step outside of their comfort zone; to try, test and reassess new ways of doing things in new and unfamiliar settings. This set framework encourages young people to explore new frontiers, push their limits, and learn from both their successes and their mistakes. Through doing their Award therefore, young people can be empowered with not just the confidence but the desire to create meaningful change; to find their purpose, passion and place in the world while impacting the world positively.

The Award contributes to both human capital' through the development of 'soft' – or universal - skills, and 'social capital' through connection to communities and networks.



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## Outcomes for Young People



Confidence



Managing feelings



Resilience and determination



Communication



Relationships and leadership



Personal and social well-being



Creativity and adaptability



Civic competence



Planning and problem solving



Intercultural competence

Formal education is vital in helping young people to arm themselves with the skills and knowledge needed to navigate the world of tomorrow. But not all learning happens in the classroom. Formal education alone is not enough to ensure they have the skills to tackle life's many challenges head on. Non-formal education and learning plays a role in the development of skills such as resilience



## Award's Impact

The ways in which the Award positively affects individuals and communities can be identified. The Impact measures have been bench marked against international framework such as UN's Millennium Development Goals and against the development objectives of Regional and International organizations such as the Commonwealth Youth Programme.

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## Organisational Benefits of Delivering the Award

Delivering the Award brings your Institution/organization many benefits, not least the opportunity to help develop young people and support them on their journey as they discover what they are truly capable of.

1. Give young people the opportunity to participate in a global non-formal education framework recognized across the world.
2. Complement existing co-curricular activities and receive recognition for them
3. Help to develop the lives of young people and make a lasting difference in their communities.
4. Provide continuing Professional Development for your staff
5. Become part of an International network of Award Operators, Leaders and like-minded individuals and organizations.
6. Raise profile of your organization and attract more support, applications and funding.






## The Award Framework

The Award concept is one of individual challenge. It presents to young people a balanced, non-competitive programme of voluntary activities which encourage personal discovery and growth, perseverance, responsibility to themselves and service to their community; giving an early opportunity to discover and nurture potential leadership skills. The young people undertake activities in the following areas.

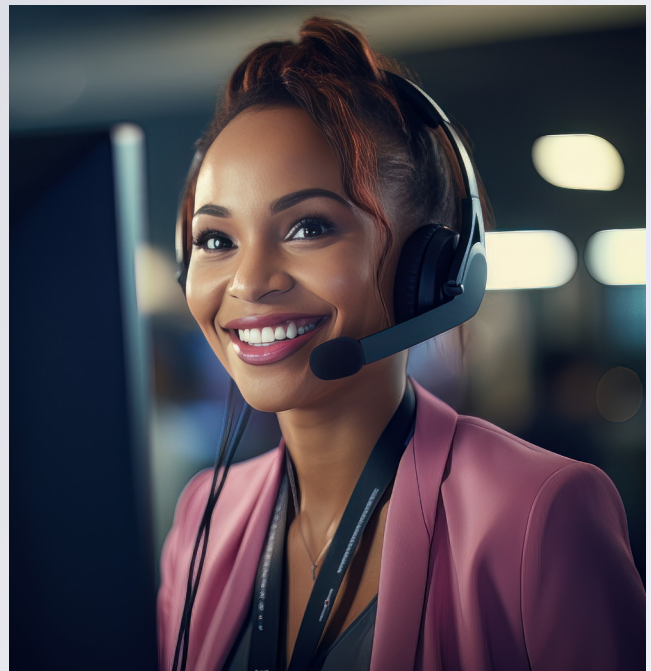
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The Award is comprised of three levels

LEVEL	Minimum Participation Time	Minimum Participation Time for Direct Entrants
 BRONZE	6 Months	6 Months
 SILVER	6 Months	12 Months
 GOLD	12 Months	18 Months

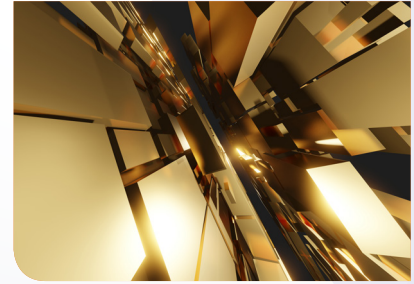
Each Level is comprised of four mandatory Sections and is designed to provide a balanced programme of personal development and challenge. Participants complete all four sections at each level in order to achieve their Award. At Gold level, participants also complete a Gold Residential Project.

- 1. Voluntary Service:** Volunteer by giving back within their community.
- 2. Skills:** Improve on an existing skill or learn a new one.
- 3. Physical Recreation:** This section encourages participants to improve their personal physical performance through training and perseverance in their chosen activity. It should be enjoyable regardless of physical ability.
- 4. Adventurous Journey:** Provides participants with a unique, challenging and memorable experience, to discover a sense of adventure outside the classroom.



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5. **An additional requirement at Gold level; the Gold Residential Project.** It is done by participants at Gold level. They are drawn from diverse backgrounds, and live together for five days four nights to achieve a common objective. It is an opportunity for them to use many of the skills developed during the overall experience of the Award.



### Awarding:

On completing each Level, a young person receives a certificate from The President's Award -Kenya. The Gold Level certificate is issued by the patron, His Excellency the President of the Republic of Kenya, at State House Nairobi.

The Award programme is open to all young people between the ages of 14 and 24, irrespective of gender, creed, race, social or physical status. It has trained adult volunteer helpers who inspire and support the young people in their pursuance of the programme activities.



### Award Guiding Principles:

There are 10 guiding principles that underpin the philosophy of the Award. They are designed to ensure that a young person has a meaningful and purposeful journey through their Award, as well as ensuring that the impact of achieving their Award provides a lasting personal legacy. The Award's guiding principles are as follows:



#### 1. *Individual*

Individuals design their own Programme, which can be tailored to suit their personal circumstances, choices and local provision. They start at whichever level suits them best and they can take as long as they wish (within the age limit) to achieve their Award.

#### 2. *Progressive*

At each level, the Award demands progressively more time, commitment and responsibility from the participant.

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### 3. *Development*

Participating in their Award Programme fosters personal and social development. Individuals gain valuable experiences and life skills, grow in confidence and become more aware of their environment and community, transforming them in to responsible young adults.

### 4. *Achievable*

An Award is achievable by any individual who chooses to take up the challenge, regardless of ability, gender, background or location, with the right guidance and inspiration.

### 5. *Persistence*

The Award requires persistence and cannot be completed with a short burst of enthusiasm. Participants are encouraged to continue with activities and to maintain their interest beyond their Programme requirements.

### 6. *Non-Competitive*

Doing their Award is a personal challenge and not a competition against others. Every participant's Programme is tailor-made to reflect their individual starting point, abilities and interests.

### 7. *Inspirational*

The Award inspires individuals to exceed their expectations. They are encouraged to set their own challenges and goals before starting an activity, aim for these goals and by showing improvement, will move towards achieving an Award.

### 8. *Voluntary*

Whilst the Award may be offered within school, college, work time, custody or extracurricular activity, individuals choose to do a Programme and must commit a substantial amount of their free time to undertake their activities.

### 9. *Balanced*

The Award provides a balanced framework to develop the individual's mind, body and community spirit by engaging them in four activities at **Bronze** and **Silver** levels, and five activities at **Gold** level.

### 10. *Enjoyable*

Participants and Leaders should find the Award enjoyable, fulfilling and rewarding.

***It is our long-term ambition that every eligible young person aged 14-24 will have the opportunity to participate in the Award.***

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